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Sustainable Development Goals: What's in it for me?

Session Plan



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With inspirations from Daughter Kiara

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Session 1: Blend-in (8 minutes)

Objective

- a) Initiate general dialogue to have kids accept you.
- b) Feel the interests and enthusiasm of kids.
- c) Start with a topic (weather, school green credentials, and local news) that will lead to Sustainability discussion.
- d) Consider a survey prior to session (example : [Link](#))

Session 2: Introduce Mission (3 minutes)

Objective

- a) Get students involved
- b) Get students to feel that impact anywhere on earth, can be impact everywhere.

Dialogue

Tutor: I'm here to look for Eco-heroes, who can use their math and science skills to protect and care for our planet

Tutor: they sent me here because your school has been responsibly recycling, cleaning beach, donating shoes and toys to the under privileged, etc

Tutor: Where would you like to be living in 2030? Emphasize that ALL the places they choose are on SAME planet. (Slide 6)

Tutor: Ask them the change they'd like to make if made PRESIDENT (Slide 8)

Tutor: Discuss frequency of purchases (food, electronics, toys, clothes, etc) ([Slide 9-11](#))

Session 3: Re-enforce Concept of 'Need Vs Want' (5 minutes) & LOCAL IMPACT

Objective

- a) Demonstrate examples showing Need Vs Want (Slide 12-13)
- b) Discuss a tool to analyze decisions (5-Why's).

Dialogue

Tutor: Discuss countries that come to mind thinking about inequality, pollution, poverty?

Tutor: Talk about local situation (Slide 14-15)

Session 4: Goals in Life Vs Global Goals (5 minutes)

Objective

- a) Showcase example on how we decide individual goals, team goals, and example of Global Goals.
- b) Example linked to Food Consumption

Dialogue

Tutor: Exercise to map goals into Me Vs We goals

Tutor: Example of Global Goals (Slide 16-20)

Tutor: Example of impacts and opportunities linked to Food production (Slide 21)

Session 5: Carbon & Greenhouse effect (5 minutes)

Objective

- a) Introduction to heating of planet Earth
- b) Example of major contributors, and putting things in perspective.

Dialogue

Tutor: Introduce heating of planet earth with analogy of how we will feel using blankets.

Tutor: Example of impact from different food (meat vs vegetables & fruits) > 1 hamburger requires water equivalent to 2 months of showering (Slide 24)

Tutor: Perspective of positive impact (recycling Vs Renewable Energy) (Slide 25- 26)

Session 6: Local impact & identifying sustainable products (5 minutes)

Objective

- c) Showcase actions that can be taken.
- d) Toolkit to support with sustainable purchasing.

Dialogue

Tutor: Showcase some examples of local actions

Tutor: Introduce how to identify sustainable products using ECO-labels, with examples (Slide 33)

Session 7: Summarize (4 minutes)

Objective

- a) Emphasize Need Vs Want
- b) Emphasize Reduce, Repair, Reuse, Recycle.
- c) Emphasize sharing and exploring.