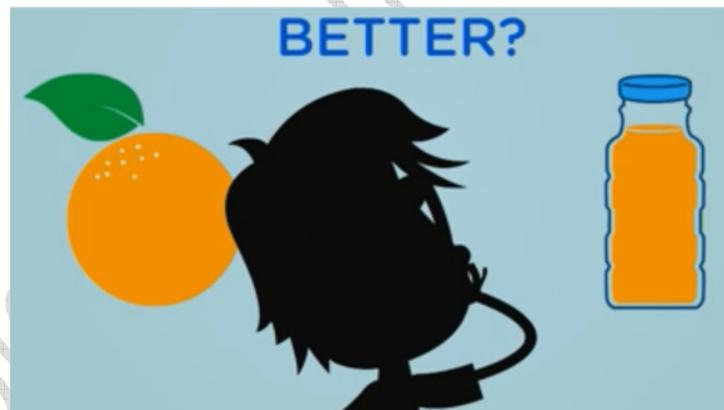


3/21/2019

# Who is the sustainable consumer?

Session Plan



**Responsible Fashion Forum**

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With inspirations from Daughter Kiara

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## Session 1: Blend-in (8 minutes)

### Objective

- a) Initiate general dialogue to have kids accept you.
- b) Feel the interests and enthusiasm of kids.
- c) Start with a topic (weather, school green credentials, and local news) that will lead to Sustainability discussion.
- d) Emphasize that not possible to go back in time.

### Dialogue (Arrive 5 mins late)

Tutor: I am sorry for being late. I had no idea about the traffic at this time, and should have planned better (Allow children to respond, some of them might say 'It's ok')

Tutor: No matter how much I apologize, can I go back in time? (Allow children to respond, lead towards concept that care for planet is required to be done at the right time)

Tutor: Share some reasons why you are there, telling them about their school/community's green credentials. Ask if some of them participated, and their thoughts.

Tutor: Ask question about students' impression about the word 'Sustainable'

## Session 2: Introduce Mission (3 minutes)

### Objective

- a) Get students involved
- b) Get students to feel the magnitude of the challenge.

### Dialogue

Tutor: I'm here to look for Eco-heroes, who can use their math and science skills to protect and care for our planet

Tutor: they sent me here because your school has been responsibly recycling, cleaning beach, etc

Tutor: What **materials** did you find at the beach? How was the color of the water? Why do you feel it was that color?

Tutor: Pick of the plastic bottled found. Show graphic with number of bottles per second, and get students to calculate for a minute. (Slide 3)

Tutor: Discuss about various products made of plastic, the pacific great garbage (Slide 4-6)

### Session 3: Re-enforce Concept of 'Need Vs Want' (5 minutes)

#### Objective

- a) Demonstrate examples showing happiness linked to material possessions
- b) Discuss a tool to analyze decisions (5-Why's).
- c) Discuss footprint.

#### Dialogue

Tutor: Let's have a look at this video of how these kids react to 5-min unlimited shopping.

Tutor: Discuss why the happiness meter showed different values.

Tutor: Discuss physical footprint in sand, and ask what an environmental footprint could be?

### Session 4: Possible ways to judge 'more sustainable' (8 minutes)

#### Objective

- a) Showcase example to judge environmental footprint of 2 similar products.
- b) Initiate discussion on judgement process for sustainable product.

#### Dialogue

Tutor: Ask students whether any of them likes orange juice, and how is the prepared/served.

Tutor: Let's look at the video of packaged orange juice vis-à-vis fresh squeezed.

Tutor: Discuss about NEW plastic vis-à-vis recycled plastic.

Tutor: Go through crossword puzzle and together prepare a planet poem.

### Session 5: Summarize (4 minutes)

#### Objective

- a) Emphasize Need Vs Want
- b) Emphasize Reduce, Repair, Reuse, Recycle.