What to post?

Cards to inspire are a great start.

Add your own photos and videos.

Tag your friends!

Climate change drives biodiversity loss and private cars are responsible for ~12% GHG emissions and responsible for 73% GHG emissions in the transportation sector alone.

Did you know?
The risk for cardiovascular diseases is reduced by 16% for people who walk 3 hours per week.

Click to access all visual assets on MOVE!

EVIDENCE

SINGLE ACTION

MENU OF ACTIONS

Choose walking + biking to reduce transport impact + increase wellness

Use public nature spaces to support urban conservation projects

Swap short car rides for walking or biking
Why not keep or take up walking and cycling to work and advocate for your government and local businesses to provide more sustainable and safer public transport #KeepActive

Swap to options like electric vehicles, cleaner fuels, and shorter distances to reduce your transport footprint #GoCleaner

Continue or opt for public and shared transport instead of driving, and advocate for more options. #ShareYourRide

Click here to access our official Instagram! #AnatomyofAction