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# How Green are your jeans?

Session Plan



**Responsible Fashion Forum**

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With inspirations: Daughter Kiara AND Guru Dr Hannak

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## Session 1: Blend-in (8 minutes)

### Objective

- a) Initiate general dialogue to have kids accept you.
- b) Feel the interests and enthusiasm of kids.
- c) Start with a topic (weather, school green credentials, and local news) that will lead to Sustainability discussion.

### Dialogue

Tutor: Who likes the rain? (Allow children to respond)

Tutor: Who apart from us humans likes the rain? (Allow children to respond, lead them towards trees, sea creatures, our water reservoirs)

Tutor: Who likes to color? What are your favorite colors (Allow children to respond, pick up color green)

Tutor: What do you associate the color green with? (Lead them towards trees, sustainability, etc)

Tutor: Who has jeans in their wardrobe? (Allow children to respond, perform addition together to total number of jeans)

Tutor: On what basis do you choose your jeans? (Allow children to respond; answers like size/comfort/price/style)

## Session 2: Introduce Mission (3 minutes)

### Objective

- a) Boost morale and interest
- b) Introduce why you are at this school, this class

### Dialogue

Tutor: I'm here to look for Eco-heroes

Tutor: they sent me here because your school has been responsibly recycling, cleaning beach, etc

Tutor: What materials did you find at the beach? How was the color of the water? Why do you feel it was that color?

### Session 3: Introduce Concept of Lifecycle (5 minutes)

#### Objective

- a) Introduce concept of lifecycle
- b) Emphasize that products go through many changes before ending up in our hands.

#### Dialogue

Tutor: Have you heard about the concept of lifecycle? Can you share some examples?

Tutor: Discuss lifecycle of butterfly, milk, jeans

Tutor: Show label on pair of jeans (indicating where made, what material)

Tutor: Look at video of how jeans are made

Tutor: Ask children how the worker might be feeling in farm?

Tutor: Ask children what they see being used to make cotton, jeans

### Session 4: Introduce Issues with Jeans Production (8 minutes)

#### Objective

- a) Showcase issues to worker health and environmental when jeans not produced responsibly.
- b) Showcase that world, its atmosphere, oceans, and societies are connected.

#### Dialogue

Tutor: Ask kids if they have seen such a factory. Ask if they know where they could be

Tutor: Ask kids world population. Divide Number of garments to arrive at number/person.

Tutor: look at world map to infer that world connected, oceans an atmosphere connected, pollution travels everywhere.

## Session 5: Example Jeans (8 minutes)

### Objective

- a) Use mathematics to derive how thirsty our jeans are?
- b) Highlight that consumers responsible for taking care.

### Dialogue

Tutor: 20L water/child/day (school report)

Performed calculation for 30 pupils

And assuming 3600 L for jeans; concluded this is 6 days of water for entire class of 30.

## Session 6: Enabling Responsible Decision (8 minutes)

### Objective

- a) Introduce messages/labels on products to help consumers decide.
- b) Enforce Need Vs Want

### Dialogue

Tutor: Ask kids if they have seen messages on pack of eggs or milk (organic, cage free, etc)

Tutor: Show tags on clothes indicating organic, how to wash, etc

Tutor: Discuss concept of need vs want

Tutor: Introduce 3 point shopping checklist

Q1) Do I need it OR Do I want it?

Q2) has it been responsibly made?

Q3) Do I know how to responsibly care for it?