ANATOMY OF ACTION

19 MARCH - 2 APRIL 2021: 15 ACTIONS IN 15 DAYS

JOIN THE CHALLENGE!

MAR 19, 20, 21
- PROTEIN SWAPS
- USE ALL YOUR FOOD
- GROW YOUR OWN

MAR 22, 23, 24
- BEYOND BUYING
- FASHION SLOW DOWN
- DITCH DISPOSABLES

MAR 25, 26, 27
- KEEP ACTIVE
- SHARE YOUR RIDE
- GO CLEANER

MAR 28, 29, 30
- ETHICAL INVESTING
- DIVESTMENT
- ENERGY POSITIVE HOMES

MAR/APRIL 31, 1, 2
- STAY CURIOUS
- ENJOY THE JOURNEY
- CHOOSE EXPERIENCES

Share your journey #AnatomyofAction

1. COMMIT and share the #AnatomyofAction challenge
2. KNOW the resources and share data, recipes, actions and ideas according to each domain
3. SHARE the changes you make with your community
4. PROMOTE the hashtags: #AnatomyOfAction
5. TAG @theofficialanatomyofaction on Instagram.
6. CHALLENGE your followers and friends to join too. Invite 3 users to take action!